

# 产品详述

## INDIVIDUAL PRODUCT DETAILS

### AE8008辅助单双杠训练机 ASSISTED CHIN/DIP



## 1. 产品卡 Identity Card

型号 (Model)	AE8008
中文名 (Chinese Name)	辅助单双杠训练机
英文名 (English Name)	ASSISTED CHIN/DIP
主要肌肉 (Primary Muscle)	背阔肌 (Latissimus Dorsi)
次要肌肉 (Secondary Muscles)	胸大肌 (Pectoralis Major)

### 一句话点评 (One-line Pitch)

“集成化多功能结构设计，搭配稳定助力与多元调节系统，性能扎实、安全性强，适配专业商用训练场景。”

"Integrated structure with stable assist and adjustable systems, high durability and safety for professional commercial use."

## 2. 产品综述

**AE8008** 是一款专为引体向上和双杠臂屈伸打造的一体两用插片式力量训练器械，外观呈现精工美学，结构紧凑，以雕塑感线条成就空间与力量的双重效率。通过一套系统集成两种经典的上肢力量训练动作，在有限空间内实现对背部和胸部肌群的高效刺激。

设备配备导杆式站姿助力系统，可提供垂直轨迹稳定支持，帮助训练者顺利完成引体与臂屈伸动作。当训练者可进行自重训练时，靠垫亦可收纳，不干扰训练体验。

内置辅助配重系统，可自由调节助力强度，使不同体重、不同训练水平的用户都能顺利入门并持续进阶，提高训练动作的实用性与普适性。多握位设计与合理的人体工学角度，也使整个训练过程更安全、自然、舒适，是提升基础训练能力与空间利用效率的理想设备。

## 2. Product Overview

The **AE8008** is an integrated dual-function plate-loaded strength machine, professionally engineered for pull-ups and dips. Featuring exquisite craftsmanship and a compact structure with sculpted lines, it balances space efficiency and powerful training performance. This all-in-one unit integrates two classic upper-body movements, delivering effective stimulation for back and chest muscles within limited space.

Equipped with a guide rod standing assist system, it ensures a stable vertical movement track to support smooth pull-up and dip performance. The support cushion can be fully stowed for full-bodyweight training without interfering with workout motions.

The built-in adjustable counterweight system allows flexible resistance adjustment, catering to users of different weights and fitness levels for easy entry and progressive training. Multiple grip options and ergonomic angles ensure safe, natural and comfortable movement. It is an ideal commercial fitness equipment to enhance basic training capabilities and maximize space utilization.

## 3. 产品卖点 | Key Features



### 一体两用结构设计

在集成引体向上和双杠臂屈伸训练功能，有效提升上肢训练的专项性与空间利用效率。

### Integrated Dual-purpose Structural Design

Integrates pull-up and dip functions to enhance targeted upper-body training and optimize space utilization.



### 双杠把手微八字人体工学设计

微八字造型设计，更符合人体工学原理，优化握持支撑角度，受力更合理，有效提升运动体验与支撑舒适度。

### Ergonomic Splayed Dip Bar Handles

Adopting an innovative splayed design instead of traditional parallel handles, it fits ergonomic principles well. Optimized grip angle ensures rational force distribution, enhancing workout experience and support comfort.



### 导杆式站姿稳定助力系统

脚踏路径顺应人体运动轨迹，提供稳定安全的支撑；可折叠设计，不干扰自由动作体验。

### Guide Rod Type Standing Stability Assist System

The foot tube follows the natural human motion trajectory to deliver stable and safe support. Foldable design ensures unobstructed free movement during training.



### 多握位训练手把

提供多种引体向上握法，满足不同训练目标与动作路径，提升训练多样性与精准度。

### Multi-grip Training Handle

Offers multiple pull-up grip options to meet diverse training goals and movement paths, enhancing training diversity and precision.

## 4. 主要参数

功能分类 Functional	双功能 Dual Function
产品尺寸 (长x宽x高) Dimensions (L × W × H)	1575×970×2442mm 62"×38"×96"
产品净重 Net Weight	222.8kg/491lbs
产品标准配重 Weight Stack Options	105kg/231lbs
产品最大配重 Maximum Weight Stack	117.5kg/259lbs
可承载最大人体重量 Maximum body weight	150kg/331lbs
整机滑轮比 Machine pulley ratio	1:1
主框架管材 Main Frame Tubing	J50×150×3.0mm